Activating the Man Down Function on Android Click 'Man Down Off', this will

In the top left corner of the screen are three horizontal white lines, click this. A pop out menu will appear. Click 'Man Down Settings'.



Click 'Man Down Off', this will give you two choices, tap 'Man Down On'.

Click on 'How long to wait for movement?' Tap the number to select the amount of time you want to monitor movement for.

Once you have chosen a time, tap 'Save Setting'.



You need to click the 'Check In' button on the main menu to save the settings.





You should now have the statement 'Man Down Running' and a length of time in brackets.



To deactivate the Man Down function, return to 'Man Down Settings' on the menu. Click 'Man Down On' and choose 'Man Down Off' to deactivate. Tap 'Save Setting'