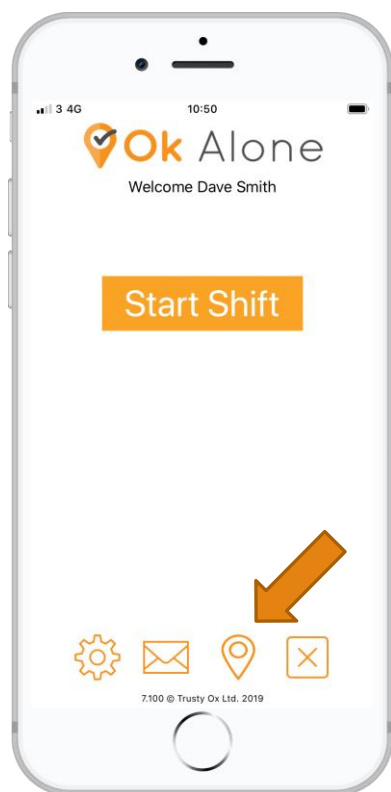


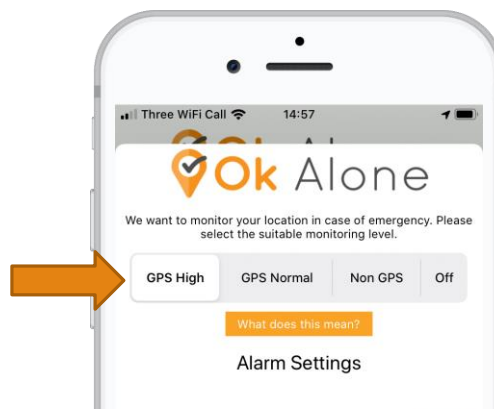
# GPS Settings and Monitoring on your iPhone

At the bottom of the screen will be four icons.

Tap the Location Pin Icon



Underneath the Ok Alone logo, you will see a bar with four sections. The one highlighted is your current GPS setting.



We recommend you keep your phone on **GPS High** or **GPS Normal**, so your location is accurate in the case of an emergency.

To select the mode you need, tap the name on the bar

To save this new mode tap 'Save & Back'.

Ok Alone does not collect location information when you are not working.



The four options are:

**GPS High** – this uses your phone's GPS to provide continuous location data every 10 seconds. It is the most accurate setting. The data is collected even when no cell signal is available.

**GPS Normal** – this uses your phone's GPS to provide continuous location data to the system every 1-2 minutes. With this setting the battery use is minimised whilst still providing an accurate location in case of emergency.

**Non GPS** – updates your location at regular intervals. This setting maximises battery life whilst providing an approximate location. This should only be used if an accurate location is not required.

**Off** – this turns the GPS off.