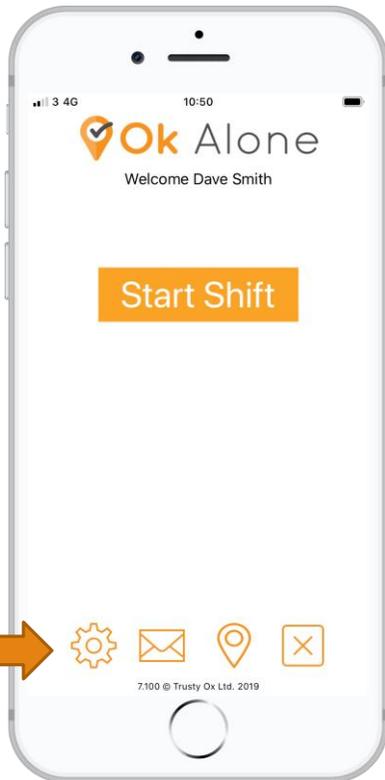
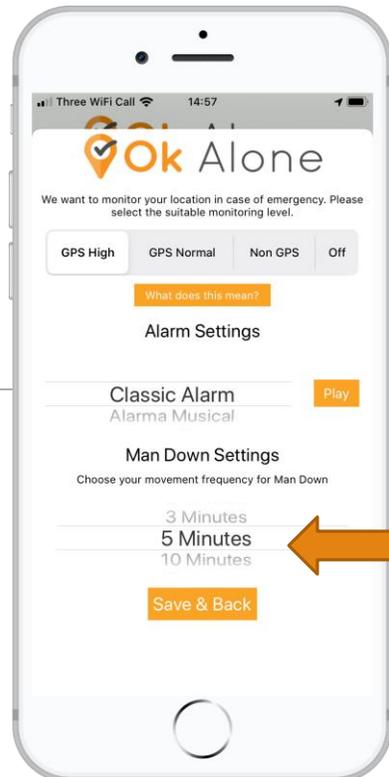


Activating the Man Down Function on your iPhone

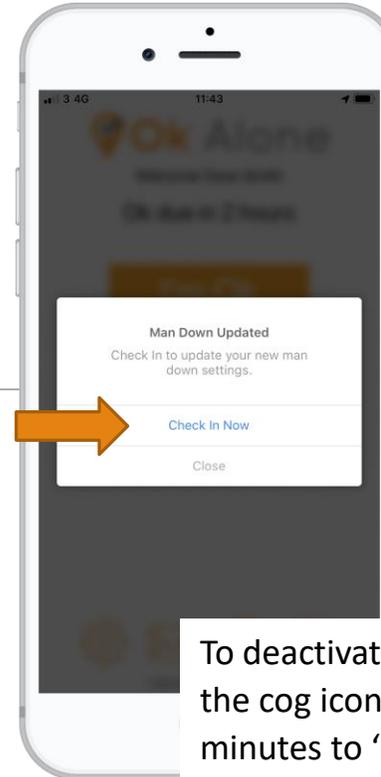
At the bottom of the screen will be four icons.
Tap the Cog Icon



At the bottom of the screen will be 'Man Down Settings'. Select the amount of time you want to monitor movement for. Once you have chosen a time, tap 'Save & Back'.



If you make any Man Down settings changes while on shift a white popup will appear. You need to click the 'Check In Now' button to save the settings.



You should now have the statement 'Man Down Running' and a length of time in brackets.



To deactivate the Man Down function, tap the cog icon. Scroll through the number of minutes to 'Off' and tap 'Save and Back'.