



# Ok Alone™

Lone Worker Safety Monitoring



## Benefits of Ok Alone



Comply with lone  
worker health and  
safety regulations using  
Check ins and Safety Audit logs



Mitigate costly  
consequences of  
risk and liability



Support your lone  
workers, increasing  
their morale and  
engagement at work

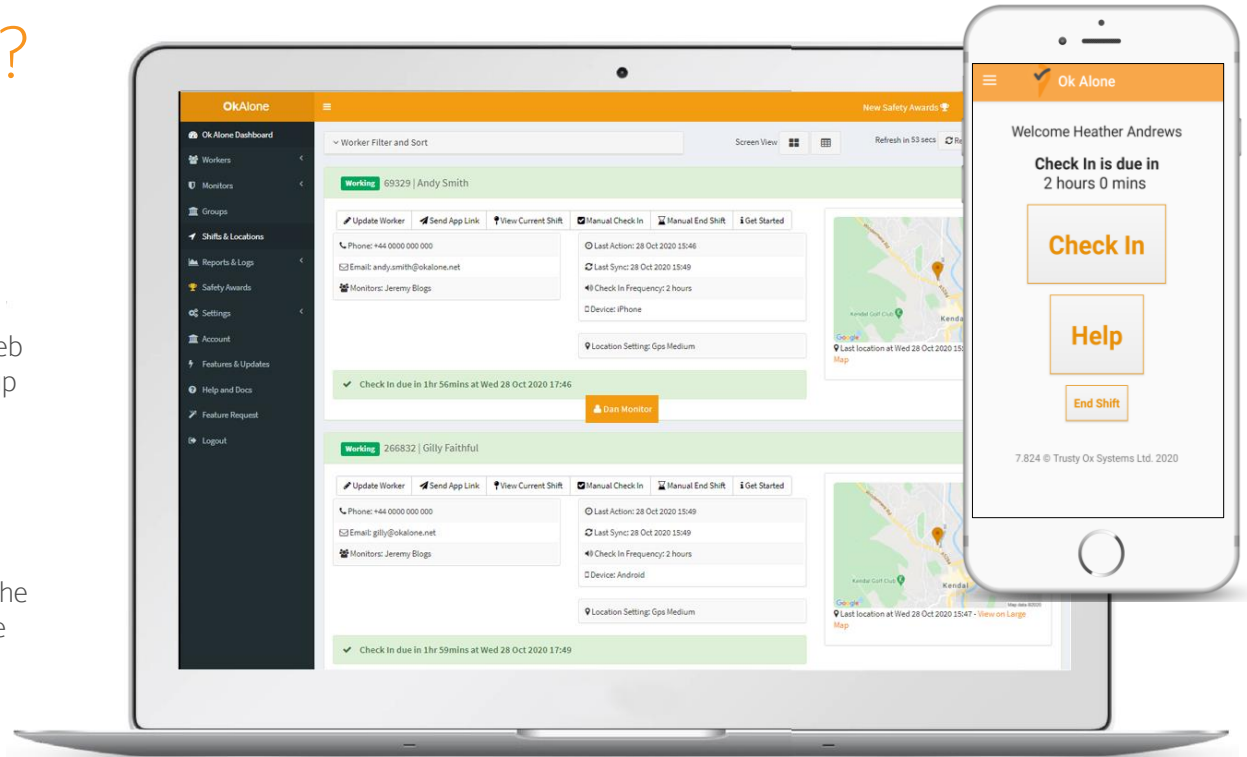


Reinforce a culture of  
safety among your team  
with established safety  
procedures

# What is Ok Alone?

## Ok Alone is a Lone Worker Safety Monitoring system

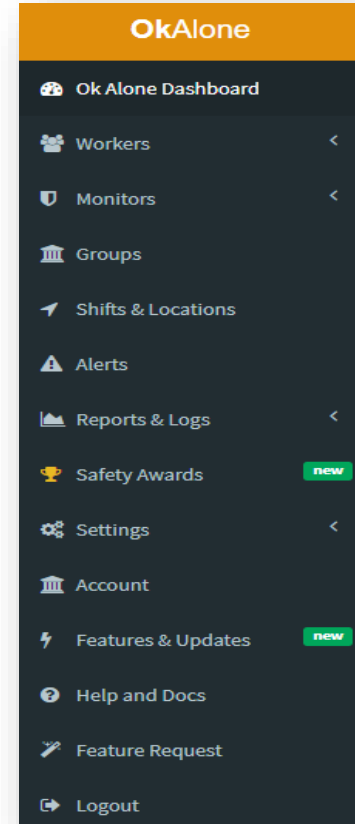
- **Monitors** receive Alerts and use the web based Dashboard to obtain the most up to date information
- **Workers** use an app to check in at regular intervals during their work day
- If a Worker misses their check in, and the grace period expires, Monitor Alerts are issued



## Customize – You have control!

Ok Alone is a flexible system,  
allowing you to tailor your Dashboard to meet your needs

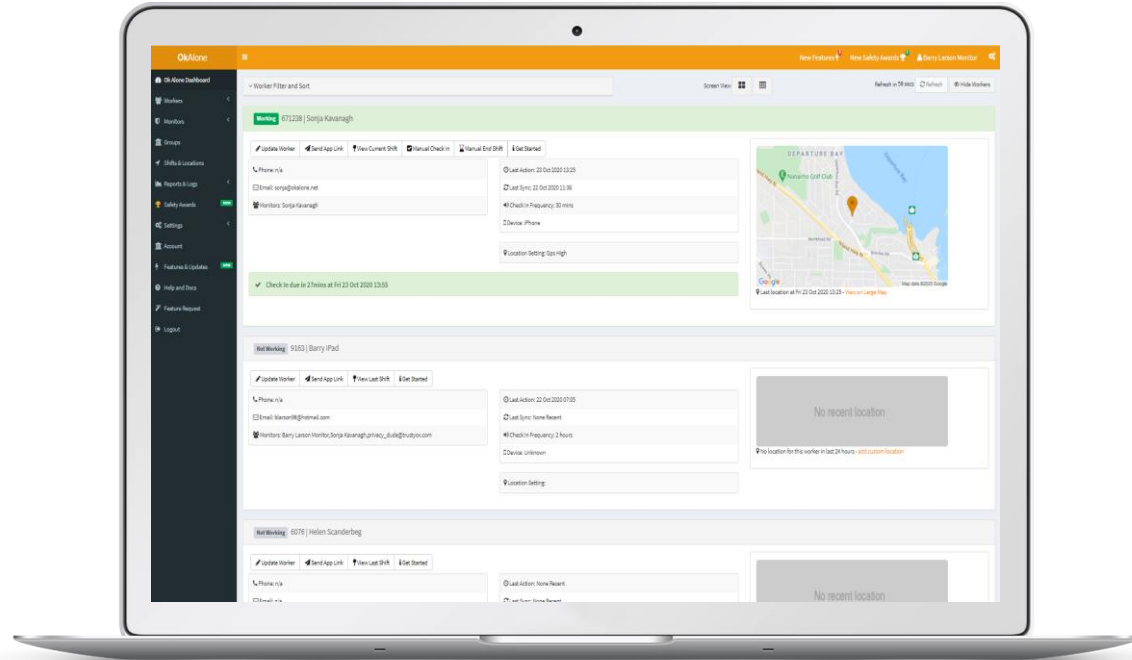
- ✓ Choose how often you want employees to check in during their work day
- ✓ Assign your own staff as Monitor(s) to receive missed check in Alerts
- ✓ Set up Workers into Groups, for better management
- ✓ Use our Wizard to set an Escalation Procedure, for Monitors to follow if a check in is missed



# Dashboard

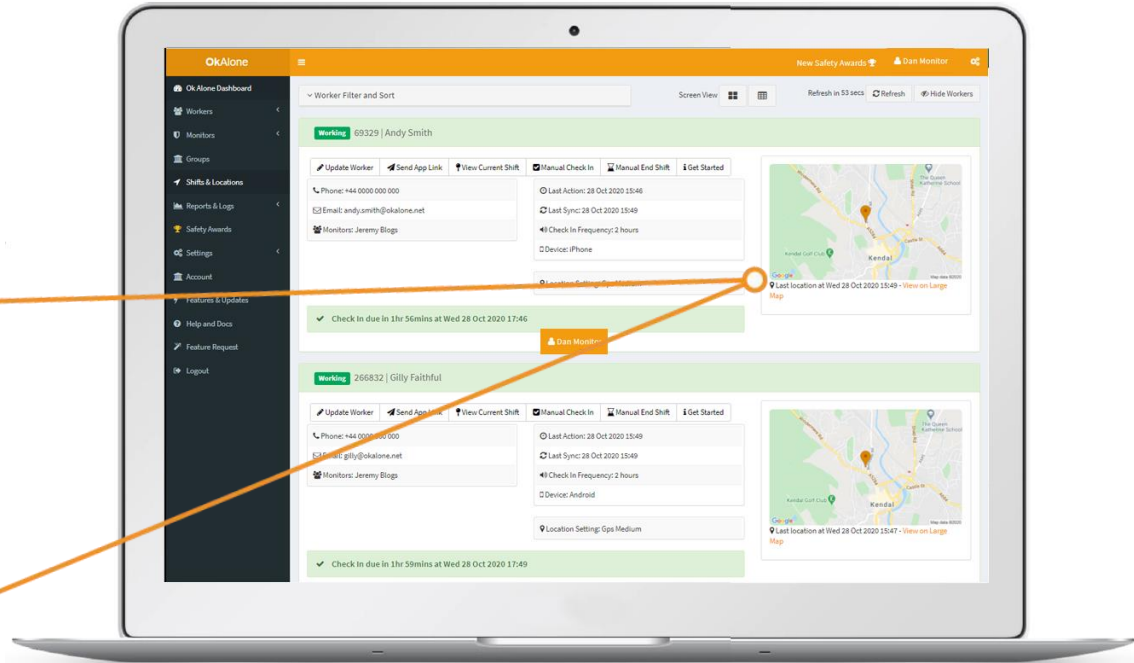
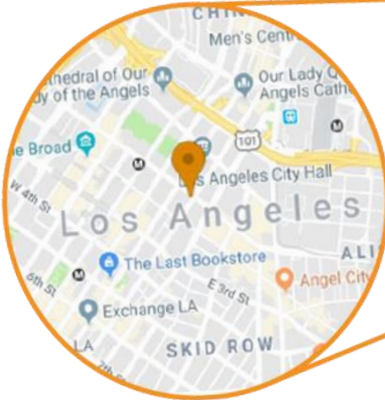
## Main page of the Dashboard:

- Refreshes continuously
- Filter & Sort Workers
- Worker information
- Worker Status / Alert status
- Latest GPS mapping location
- Manually 'Check In' or 'End Shift' for Worker
- Resend App Link to Worker



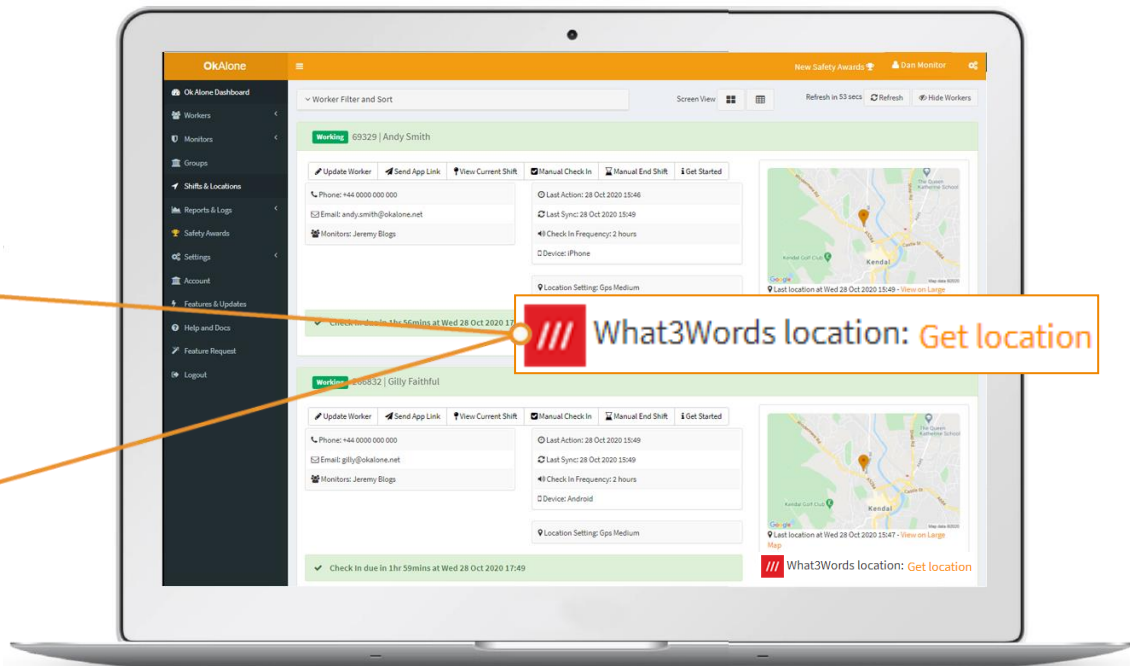
## Locate staff quickly

- Ok Alone makes it easy to find lone workers in an emergency, even while they're on the move
- GPS pin points the location of your workers for complete safety coverage



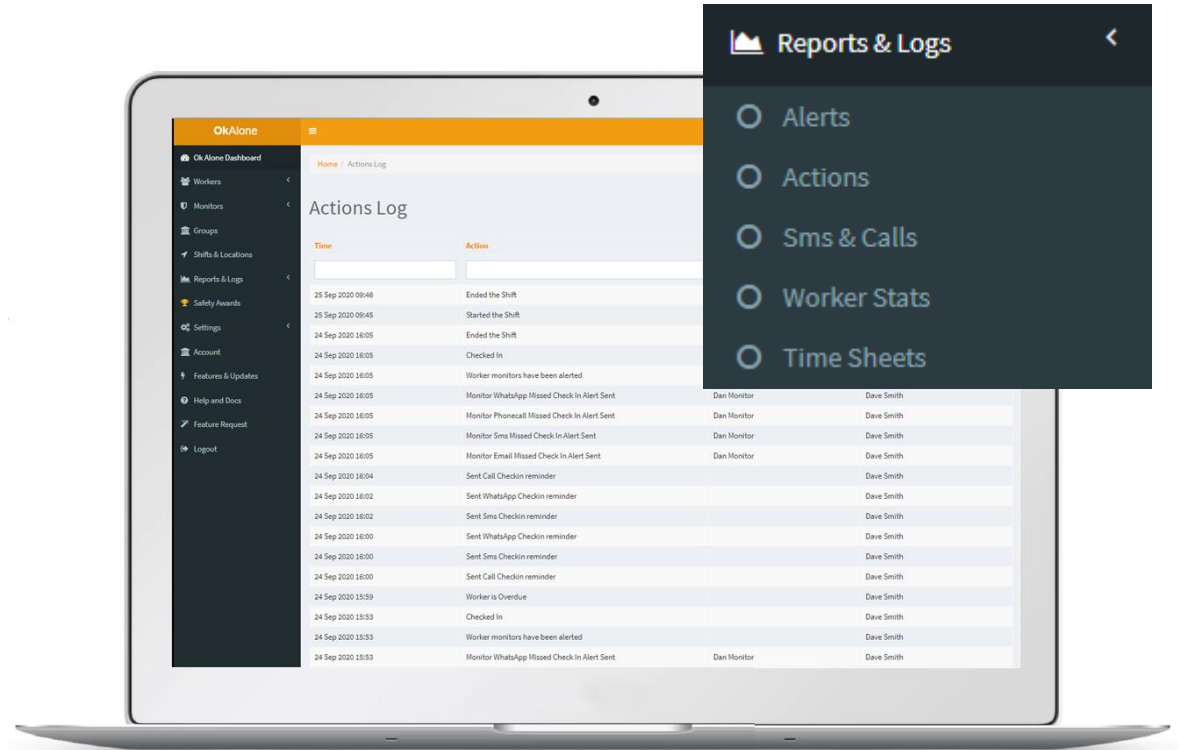
## What3Words

- Ok Alone has partnered with What3Words!
- What3Words has divided the world into precise 3 metre square locations



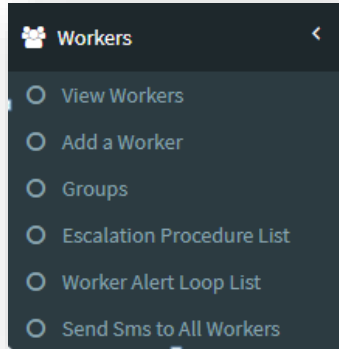
# Reports and Logs

- Alerts page
- Actions Logs  
(Safety Audit Logs)
- SMS and Calls  
(In and Out Bound)
- Worker Stats
- Time Sheets

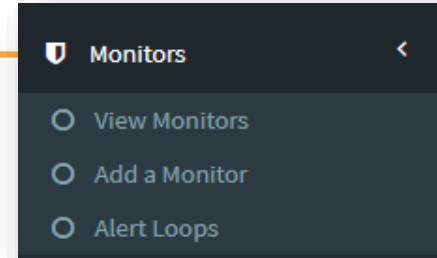
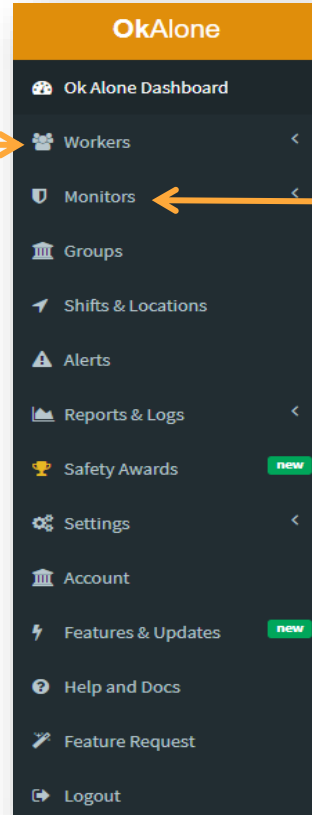




## Profiles



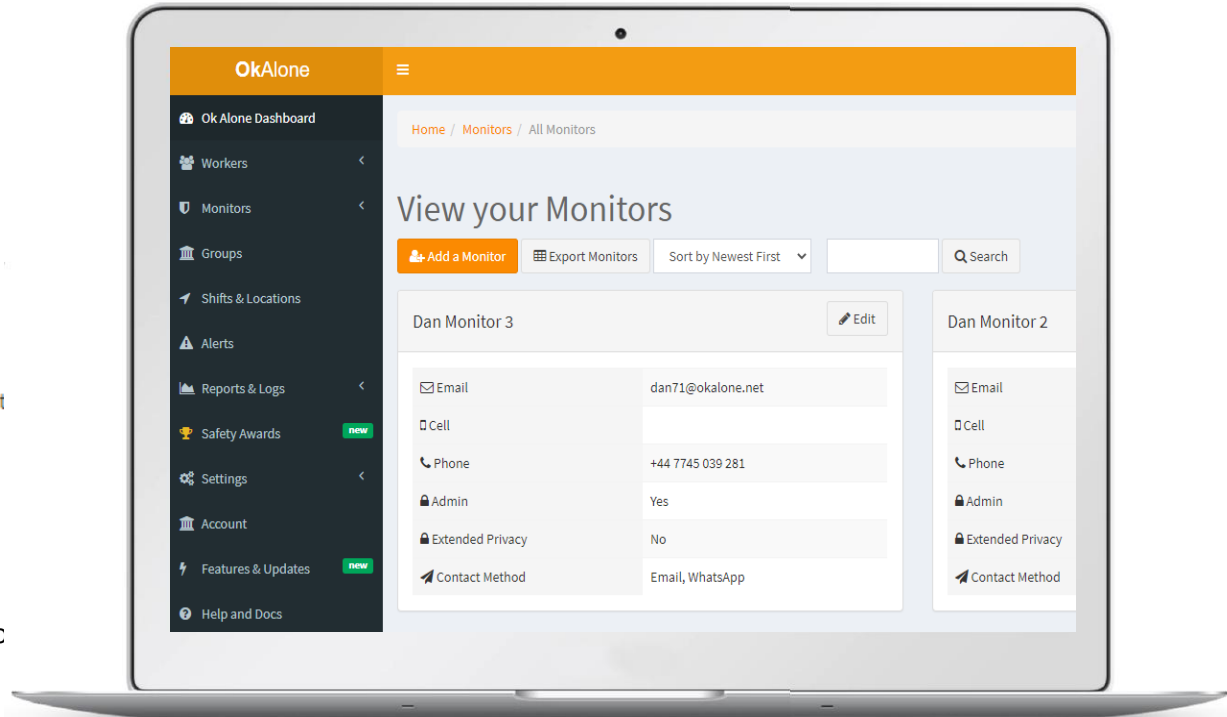
- Worker info
- Check In Setup: how frequent/Worker Reminders
- Safety Zone (like a Geo-fence)
- Start/End Shift Reminders/Monitor Alerts
- Worker Escalation (overrides Company/Group)
- App Information (Phone/App settings information)



- Choose how to be alerted
- Choose one, all, or any combination:
  - ✓ Email
  - ✓ SMS
  - ✓ Phone Call
  - ✓ WhatsApp Message

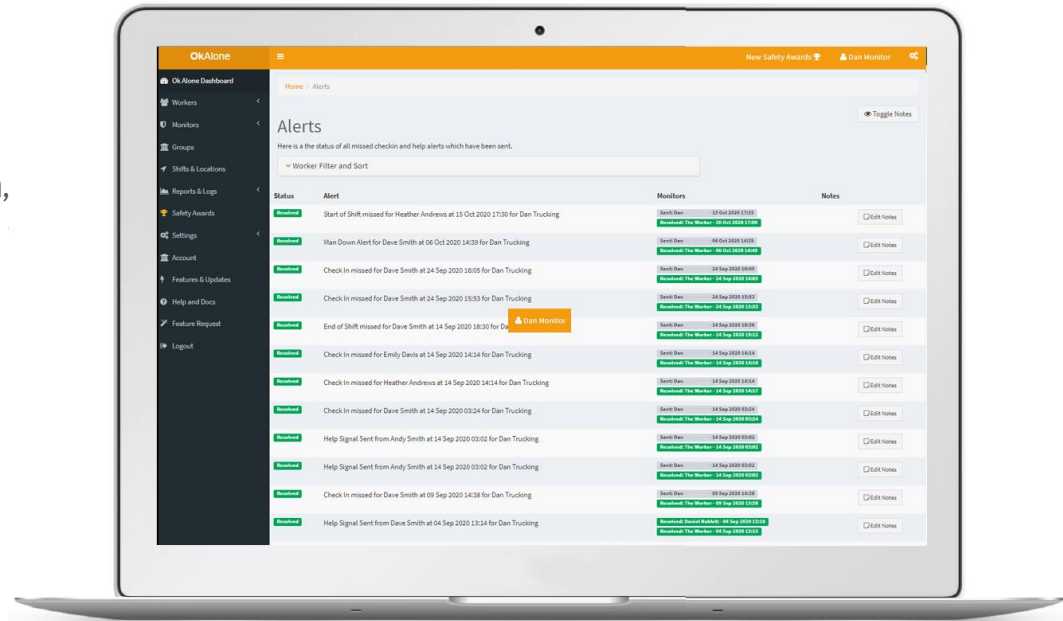
# Monitors

- Monitor set up:
  - ✓ Can be an Admin person
  - ✓ Can be assigned to Workers
  - ✓ Receive Alerts on a missed Check in
  - ✓ Receive Worker messages
  - ✓ Choose how Alerts are received:  
☒ Email ☒ Sms ☒ Phonecall ☒ What
- Dashboard Privacy levels:
  - ✓ Full Admin access
  - ✓ Slight limitations
  - ✓ Access only to information related to Workers they are assigned to



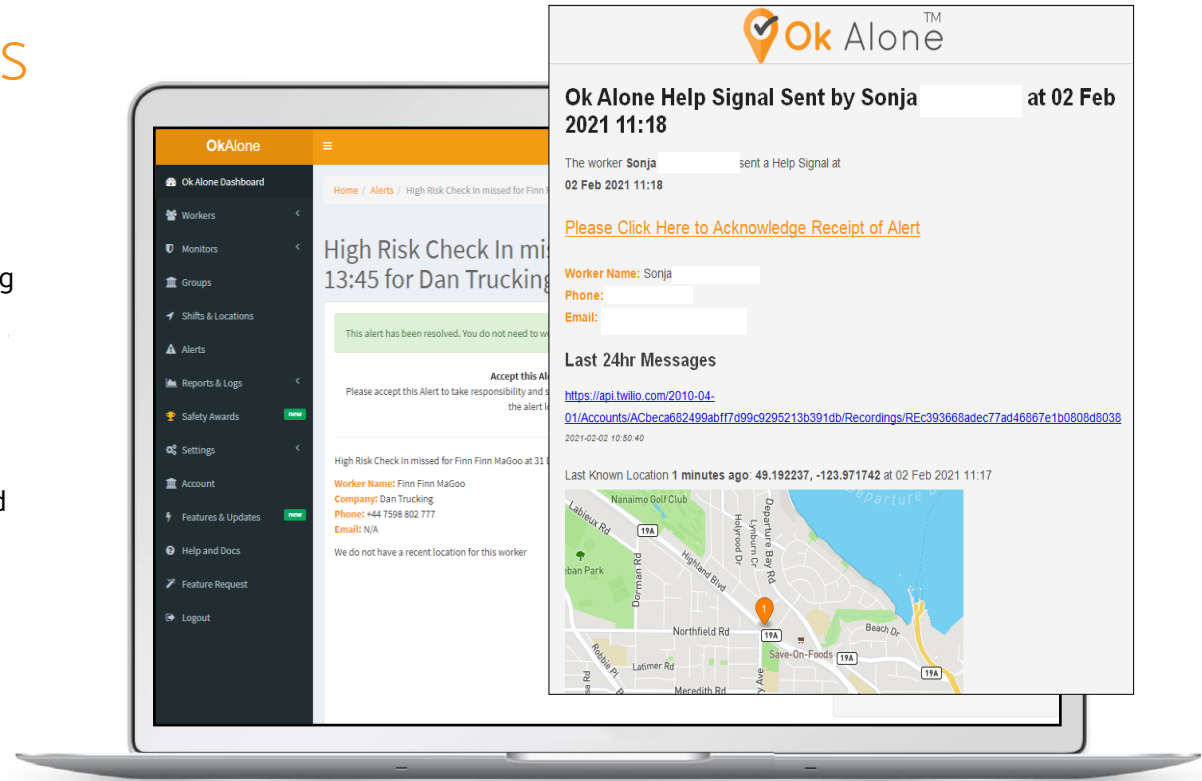
## Why are alerts issued?

- ✓ If assigned Worker misses a Check In, **Monitor alert** is issued
- ✓ If assigned Worker does not respond to a Man Down Check In or a High Risk Check In, **Monitor alert** is issued
- ✓ If assigned Worker has been set up with Shift Start or Shift End times, and does not start or end their shift, **Monitor alert** is issued
- ✓ If assigned Worker uses the Help feature, **Monitor alert** is issued



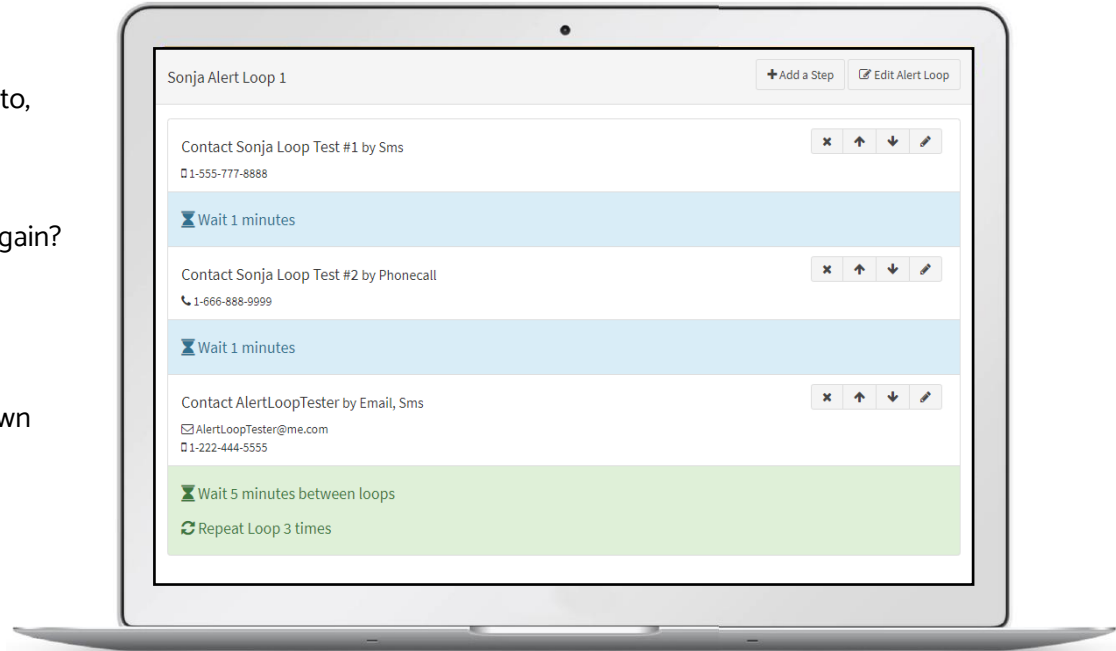
## How to action Alerts

- Use Dashboard to:
  - ✓ View Alert details
  - ✓ Acknowledge Alert, if you are actioning
  - ✓ Resolve Alert, if Worker is okay
  - ✓ Follow Escalation Procedure
- Alerts links:
  - ✓ Email and Sms have link to Dashboard
  - ✓ Dashboard and Email have link to Acknowledge receipt of Alert
  - ✓ Dashboard and Email have link to Resolve Alert
  - ✓ Sms link to call Worker



## Optional COMMS Plan: Alert Loop

- Automated Alert Loop Sequence:
  - ✓ Choose which Monitor to send the first Alert to, the second Alert to...
  - ✓ Time frame between each?
  - ✓ Time frame between to start the sequence again?
  - ✓ How often to repeat the sequence?
- Alert Loop can be used on:
  - ✓ Missed Check in/High Risk Check in/Man Down
  - ✓ Help function
  - ✓ Missed Start and End Shifts
  - ✓ Outside of Safety Zone



## Alerts section

### Alert Actions

Sent: Jonny Haim - 14 Jan 2021 17:12

Sent: Sarah Lewis - 14 Jan 2021 17:14

Sent: Dan Monitor - 14 Jan 2021 17:17

Accepted: Dan Monitor - 14 Jan 2021 17:18

Resolved: Dan Monitor - 14 Jan 2021 17:18

OkAlone

- Ok Alone Dashboard
- Workers <
- Monitors <
- Groups
- Shifts & Locations
- Alerts**
- Reports & Logs <
- Safety Awards **new**
- Settings <
- Account
- Features & Updates **new**
- Help and Docs
- Feature Request
- Logout

This alert has been resolved. You do not need to work through the escalation procedure.

**Accept this Alert:**  
Please accept this Alert to take responsibility and stop the alert loop

**✓ Accept this Alert**

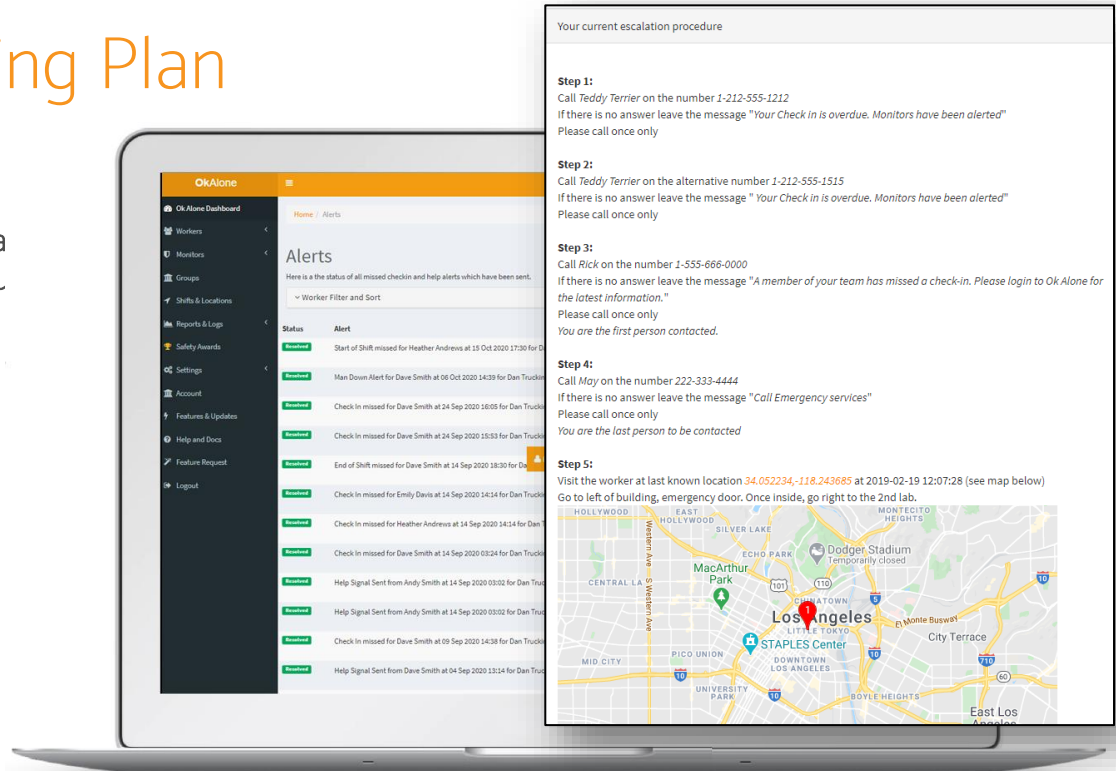
High Risk Check In missed for Finn Finn MaGoo at 31 Dec 2020 13:45 for Dan Trucking

**Worker Name:** Finn Finn MaGoo  
**Company:** Dan Trucking  
**Phone:**  
**Email:** N/A

- View Alert information
- Accept Alert (You will action)
- Escalation Procedure
- Resolve Alert (Worker is okay!)
- Add a note

# Optional Live Monitoring Plan

- Ok Alone's 24/7 Live Operator Monitoring a centre responds to missed check ins so you don't have to
- Staff will follow your Escalation Procedure
- Feel confident your lone workers are taken care of, leaving you free to focus on other work responsibilities



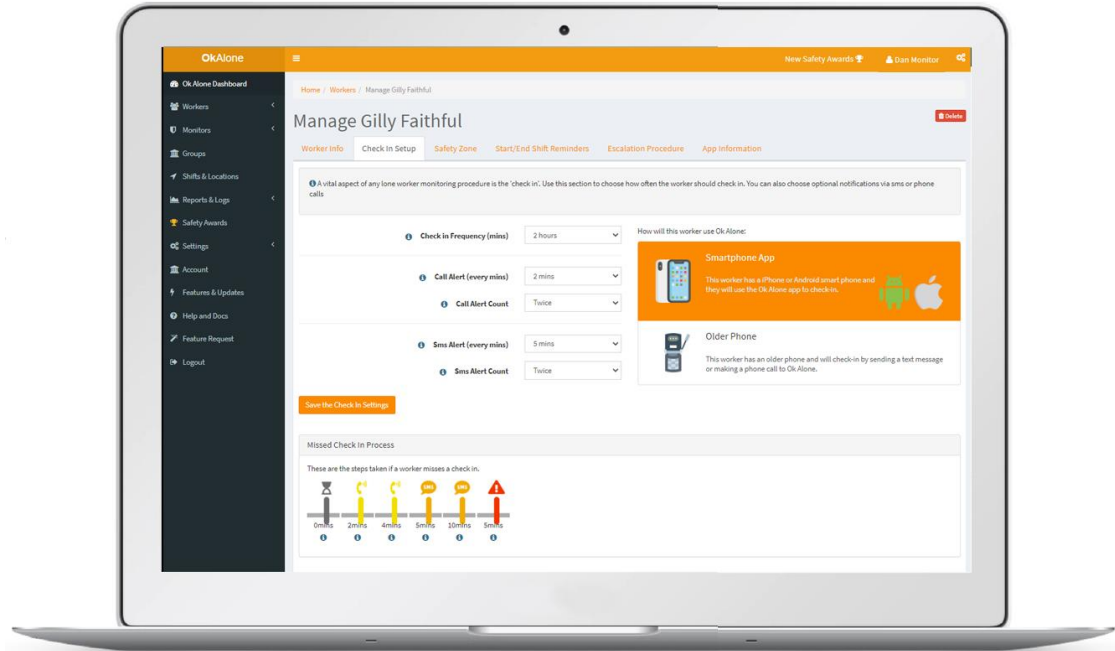
## How does it work from the employee perspective?





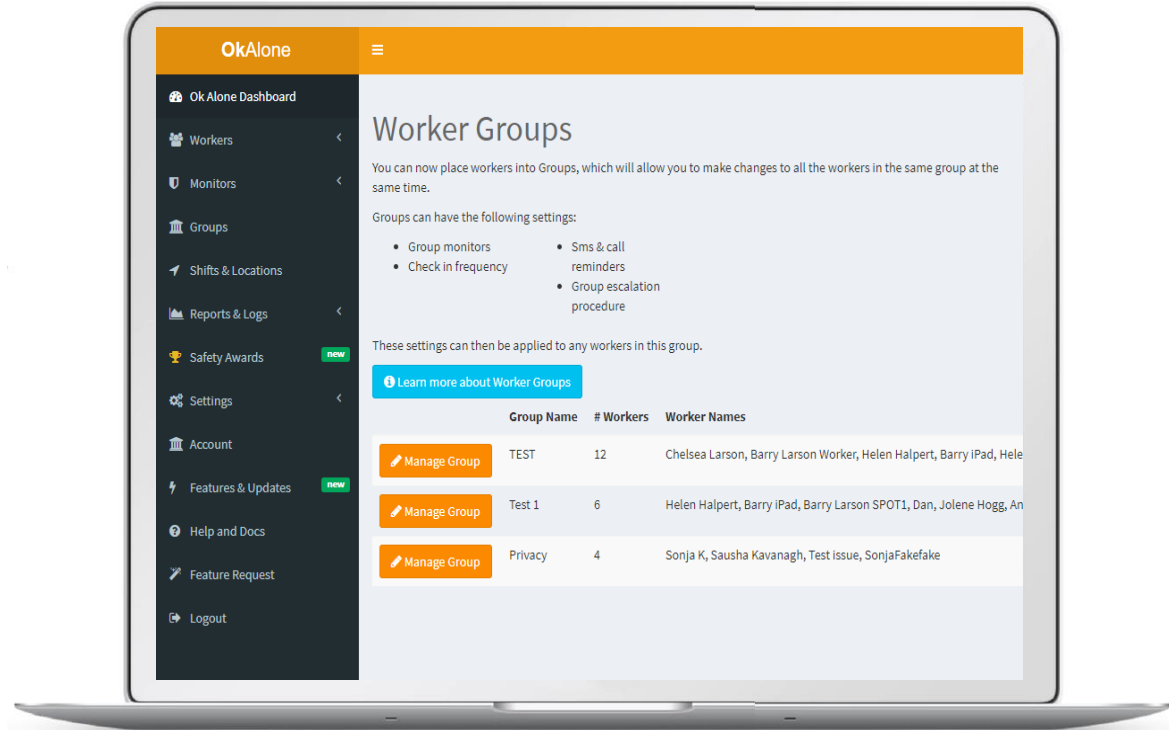
## Worker Set Up

- Required:
  - ✓ Employee info
  - ✓ Assign Monitor(s)
  - ✓ Check in frequency
- Unique PIN, sent to employee by sms/email
- Options:
  - ✓ Check in Reminders
  - ✓ Safety Zone (like a Geo-Fence)
  - ✓ Start & End Shifts/Reminders/Alerts
  - ✓ Personalized Worker Escalation Procedure



## Group Workers

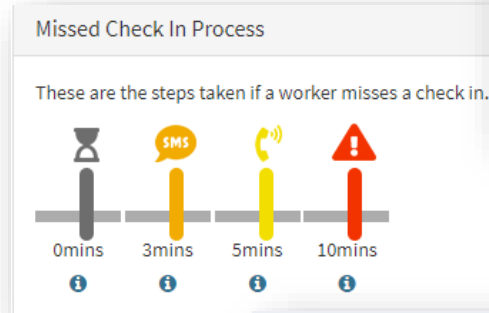
- Allows for easier management, time saver
- Sync Workers in the Group with the same:
  - ✓ Monitors
  - ✓ Monitor Alert Loops
  - ✓ Check in Frequency
  - ✓ Worker Check in Reminders
  - ✓ Group Escalation



# Optional COMMS Plan: SMS/Call

## Help minimize false Monitor Alerts

- Worker Check in Reminders during Grace Period
- Worker Start and End shift Reminders:
  - send Monitor Alerts if they don't
- Or, send out an urgent SMS to:
  - All Workers
  - Workers only on shift
  - By Group



**Send an Sms Message to Workers**

Send an urgent sms to all your workers who have a valid phone number.

(Maximum of 150 characters per message.)

Choose a Group Monday Group

[Send to All Workers](#) [Send to Workers on Shift Only](#)

**Start/End Shift Times**

September 2020

Su	Mo	Tu	We	Th	Fr	Sa
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

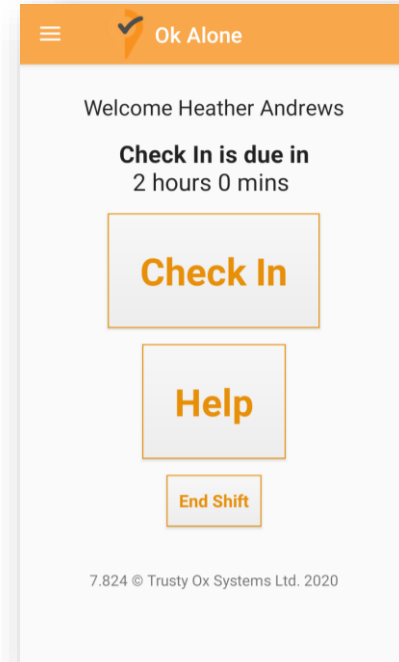
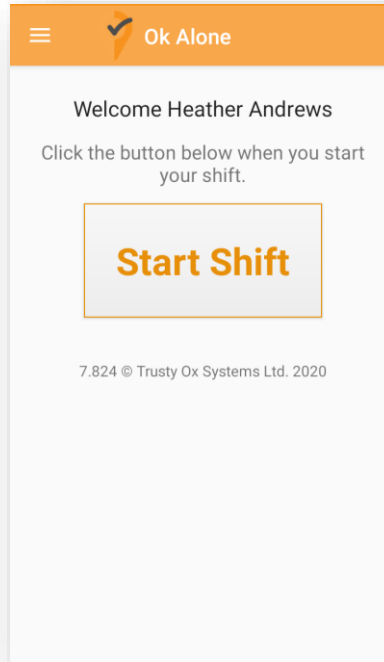
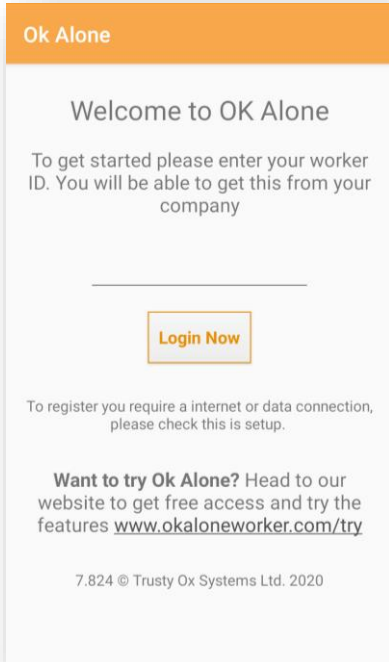
Use this form to set start and end times for Molly Rir

2 September 2020 to 30 September 2020

Choose a time... ▼

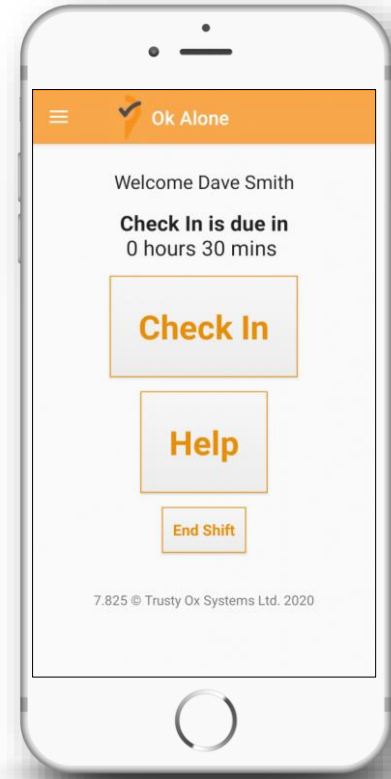
☒ Monday ☒ Tuesday ☒ Wednesday ☒ Thursday ☒ Friday ☒ Saturday ☒ Sunday

## App - simple design, easy to use, intuitive



## App features

- This simple, user-friendly app ensures you won't sacrifice productivity to meet your lone worker safety goals, with minimal training and no special hardware to purchase
  - ✓ Start and End shift
  - ✓ Check in at regular intervals, includes countdown timer
  - ✓ Help Alert
  - ✓ High Risk check in
  - ✓ Man Down check in
  - ✓ Send a Message
  - ✓ Choose alarm
  - ✓ Choose GPS setting
  - ✓ Status - Voice Activation
  - ✓ Status - Shortcuts
  - ✓ iPhone, Android, Satellite, Desktop version

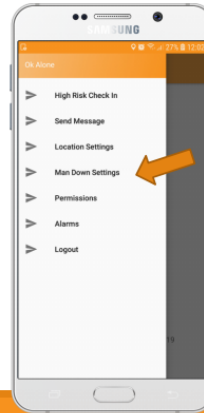


## Man Down

- Detects directional movement of the phone within a set time frame
- If movement is not detected within time frame, alarm sounds signaling Worker to check in
- If Worker does not check in, Monitor Alerts will be issued

### Activating the Man Down Function on Android

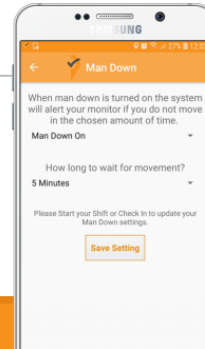
In the top left corner of the screen are three horizontal white lines, click this. A pop out menu will appear. Click 'Man Down Settings'.



Click 'Man Down Off', this will give you two choices, tap 'Man Down On'.

Click on 'How long to wait for movement?' Tap the number you want to monitor movement for.

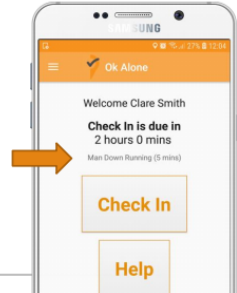
Once you have chosen a time, tap 'Save Setting'.



You need to click the 'Check In' button on the main menu to save the settings.



You should now have the statement 'Man Down Running' and a length of time in brackets.



To deactivate the Man Down function, return to 'Man Down Settings' on the menu. Click 'Man Down On' and choose 'Man Down Off' to deactivate. Tap 'Save Setting'

## High Risk Check in

- There are times when a Worker is entering a high risk situation or job duty
- The Ok Alone app gives the Worker a choice for a shorter check in time.
- If the Worker does not check in, Monitor Alerts will be issued
- Once the shortened cycle is complete, the system resets to the normal check-in frequency.

### Activating the High Risk Function on your iPhone



While on shift - you should have four options in orange boxes. Tap on 'High Risk'.



You will have the option to choose to reduce your check in time to between 10 and 50 minutes. Tap the time you require.



On the main screen your check in time is reduced. Once you have completed your task, tap 'I'm Ok' and the system will return to the original check in duration.



## Send a Message

- Change of route, change of schedule
- Location prior to out of network coverage
- Meeting notification, phone on silent
- Worker can send a message into the system, captured in Logs
- Worker can send a message into the system and received by Monitor(s)

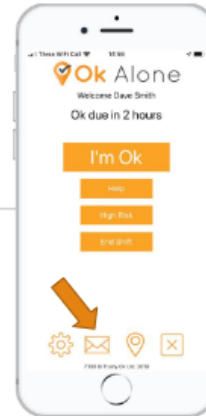
### How to Send a Message to Your Monitor on your iPhone



While you're out and about during your shift you might need to send some information to your monitor.

- The route plan for your journey
- Your mileage
- Information about your specific location if you are going out of network coverage
- A change to your planned schedule
- Or many, many other reasons

At the bottom of the screen will be four icons. Tap the Envelope Icon



Your screen now says 'Enter your message' above a large white box. Tap anywhere in the box.

Type your message using the keyboard on your screen.

Once you have finished writing, tap the orange 'Send Message' button.

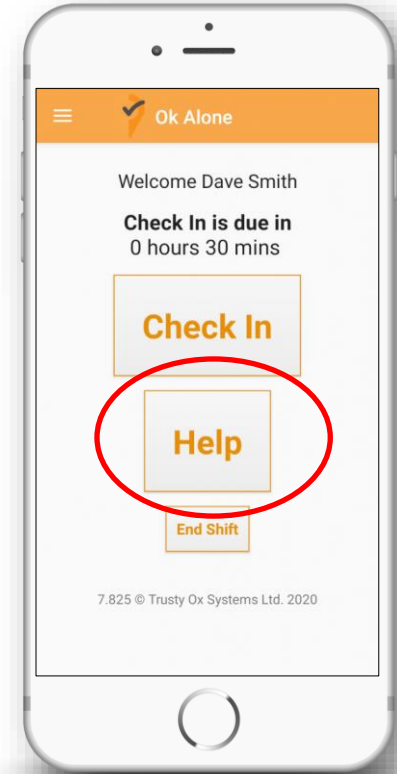




## Help Alert

If you find yourself in a situation where you need someone to come or to contact you, right away:

- Click the App's **Help** button
- Use Voice Activation to ask for help, keeping Worker **hands free** while performing job duty or driving
- iPhone users can make use of a separate, independent (free) app to map the **phone's** volume button to send a Help Alert silently
- **No Grace Period** - - > Monitor is sent an Alert **immediately**



## Hands Free

Update status or call for Help using Ok Alone through Voice Activation

- Start Shift
- Check in
- Help
- End shift

Works with Siri, Alexa, Google Assistant, Google Home



## Dashboard menu: Help & Docs section

- ✓ Start and End shift
- ✓ Check in at regular intervals, includes countdown timer
- ✓ Help Alert
- ✓ High Risk check in
- ✓ Man Down check in
- ✓ Send a Message
- ✓ Choose alarm
- ✓ Choose GPS setting
- ✓ Status - Voice Activation
- ✓ Status - Shortcuts
- ✓ Status - By text or calling in, on older cell or landline
- ✓ iPhone, Android, Satellite, Desktop version



### Getting Started



### Help for Workers



### Help for Monitors



### iPhone Help



### Android Help



### Safety Awards



### Help & Information

## Why Choose Ok Alone?



### Practical

Ok Alone is effortless to integrate into your daily workflow



### Affordable

Ok alone is a cost effective system that makes lone worker safety a priority



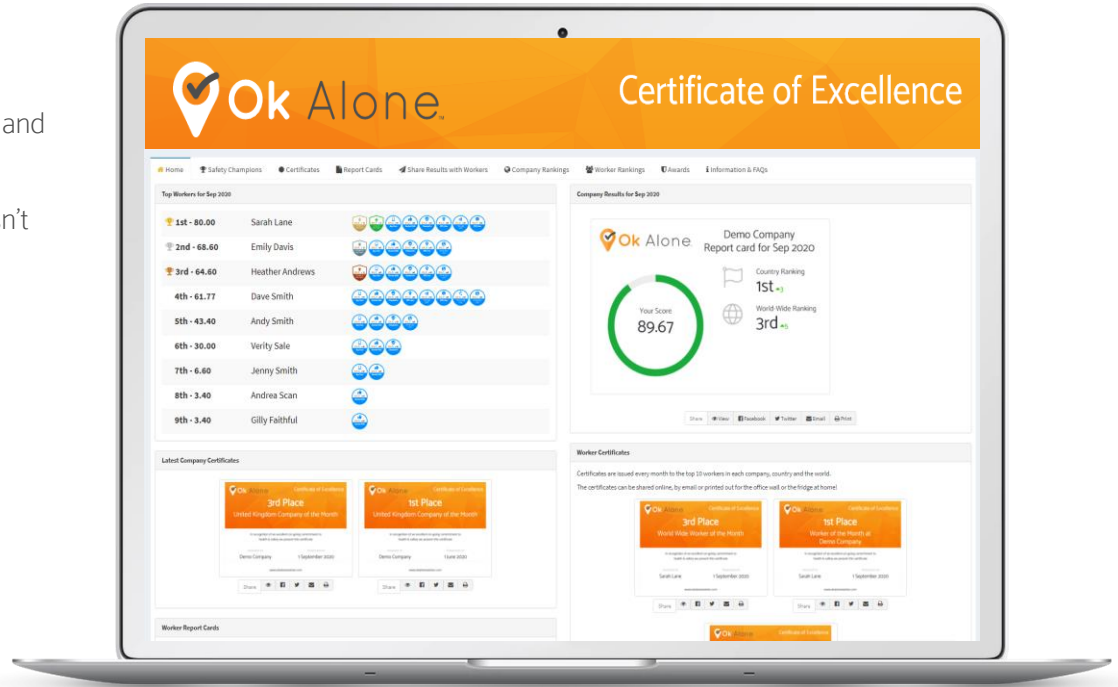
### Dependable

Ok alone is a well supported system you can rely on

## Our exclusive Safety Awards!

- Keeping your workers safe is important to us!
  - Staying safe is very important to your workers and your company!
  - But just because something is important, doesn't mean it can't be engaging and fun too!
- ✓ PDF Certificates
  - ✓ Report Cards
  - ✓ Group Awards
  - ✓ Share with your team
  - ✓ Share across Social Media platforms

Who will be the **#1 WORKER**  
in your company, your country, or in the world?!



## Contracts and Fees?



### No Sign up Fees

- Simply choose your plan and insert your credit card details on the Dashboard



### No Cancellation Fees

- Send us an email 😊



### No Long Term Contracts

- Month to Month Billing
- Let us know if you would like another option such as quarterly, yearly Billing



### No Account Update Fees

- You are in control of your own Account Dashboard

## Ok Alone Pricing



### Subscription

Five worker plans start at **\$5/£4 per person/month**

- Regular frequency Worker Check-Ins
  - Monitor Alerts
  - High-Risk Check-In option
  - Man Down Check-In option
  - Hands Free status
  - Help Alert
  - Worker Grouping by team, shift, etc
  - Escalation Procedure, Development Wizard
  - Real-Time Reports
  - Status Mapping
-

## Add on Plans Pricing



### 24/7 Live Monitoring Plan

- Our 24/7 call centre handles your missed check-ins and help requests when your monitors aren't available
- Live Monitoring plans start at **\$3/£3 per person/month**



### Communications Plan

- Send reminders to Workers before a Monitor is alerted, for missed check ins, shift start and end
- Send an emergency SMS to all workers
- Use Alert Loops, to set Monitor Alerts in a sequence, looping back to begin again until alert is resolved
- COMMS plans start at **\$3/£3 per person/month**



## Contact us



[okaloneworker.com](https://okaloneworker.com)



[info@okalone.net](mailto:info@okalone.net)



844 900 0478



live chat

## Reviews



AstroboyXL, 2017-12-01

Works great!

This app is a great way to pro  
use and customize for your c  
ways to improve the app.



"I contacted the OK Alone team after hearing of them from a partnering municipality who was pleased with their service. At the time we were shopping around for a service which could provide working alone options at a reasonable price. OK Alone met all our needs, providing the service we wanted at an affordable price. I have

o  
or

1 trial, easy to use. Da

Phone application. v

duct would like to see  
e.g. SOS device.

## MOSAIC

"I tested a few other apps but once I tried OK Alone I didn't try any more. OK Alone was the easiest to use and had the best settings options to fit needs. The support was gre-  
with any questions I h-  
answered -

- Bre



RLC - Eddie, 2018-07-25

**Good App!**

The smart phone app have made a big difference in how supervisors feel about the safety of their workers and their ability to respond in the case of an emergency.

ts in our church.  
elpful in convincing  
estions and

nd) but customer service was  
service for peace of mind if

Owen Wonorg

Daniel M

★★★★★ September 21, 2019

Using Ok Alone for the first time and its sur-  
new Man Down feature works well.

Over

Ease of Use



"My impression of the OK Alone software (and everybody else who has seen it) is very positive. It is simple clear and easy to use. We are 100% happy with OK Alone, both the software, reliability and the support/customer care. A great experience from a can-do comp

- Chris Moore, Sulzer Mixpac (UK)

Ken Smith

★★★★★ November 25, 2019  
Very easy to setup for our t  
dashboard is great.



LisaE2020, 2020-10-13

**OK Alone - peace of mind**

When you have staff working off site or unsupervised this is a great app to help with Health and Safety. You can't anticipate what may happen during the course of one's day. This app provides a great option in mitigating a level of risk in combination with other processes and procedures. Nothing is more important than going home safe at the end of the day.